**JENNY OWEN YOUNGS**

In the decade since Jenny Owen Youngs last released a full-length album, she’s toured the world, co-written a #1 hit single, launched a wildly popular podcast, landed a book deal, placed songs in a slew of films and television series, moved from Brooklyn to Los Angeles to coastal Maine, and gotten married, divorced, and married again. She’s done everything, it seems, except release another album….until now.

*Avalanche,* Youngs’ exception debut for Yep Roc records, offers up an achingly beautiful exploration of loss, resilience, and growth from an artist who’s experienced more than her fair share of each in recent years. Produced by Josh Kaufman (Bonny Light Horseman, The Hold Steady, Cassandra Jenkins, Josh Ritter) and written with a series of friends including S. Carey, Madi Diaz, The Antlers’ Peter Silberman, and Christian Lee Hutson, the songs are deceptively serene here, layering Youngs’ infectious pop sensibilities atop lush, dreamy arrangements that often belie the swift emotional currents lurking underneath. Her performances, meanwhile, are riveting and nuanced to match, gentle yet insistent as they reckon with the pain of regret and the joy of redemption, sometimes in the very same breath. The result is the most raw and arresting release of Youngs’ remarkable career, a brutally honest, deeply vulnerable work of self-reflection that learns to make peace with the past as it transforms doubt and grief into hope and transcendence.